

Karen Kuklinski, UpTwist Marketing:
Biography/Class Descriptions, The Ultimate Health Group, Washington, DC, 2/2004

Eddie Miller

Powered by his passionate belief in human potential, Eddie Miller uses his contagious energy and charming wit to transport audiences into the realm of the possible. Inspired by economic hardship as a child, Eddie developed a practical, yet profound, approach to creating the life of his dreams. And, now, through keynotes and interactive seminars he teaches others how to attain their own destiny.

Quality of life is determined by minute-to-minute decisions. And, Eddie has the amazing gift of being able to reach listeners at that crucial point where decisions are made, freeing them to move towards a life of sustainable health and personal/professional balance.

As CEO and Founder of one of the premier speaking organizations, The Ultimate Health Group, Eddie interacts daily with leaders in the arena of human motivation and the mind-body-spirit approach to health and healing. Incorporating the latest, freshest thinking with his own vision, Eddie is truly a Master Motivator.

Eddie currently serves as Vice President of Operations of the National Foundation for Alternative Medicine—a global organization that investigates and scientifically validates effective, low-cost treatments for life-threatening illnesses. He also is on the Board of the Center for the Advancement in Cancer Education. For over a decade, Eddie has been a leader in the not-for-profit sector, supporting the study of health and wellness, human rights, and human potential.

MOST REQUESTED PROGRAMS:

Living in the Life-Balance Zone (Life-Balance)

Does life-balance seem like a distant dream as you zoom through your busy life? If so, you are not alone! In this amazing presentation, designed specifically for the workplace, Eddie shares practical, yet life-changing, steps to turn an 'out there' idea into an 'inside' Mind-Body-Spirit answer to transforming your life. Learn how to manage the demands of career, family, community, and finances from a place of power and choice.

Health Highway for a Fast Food Nation (Sustainable Health and Wellness)

Confidently navigate the road to health and wellness with a knowledgeable expert at your side. As founder of The Ultimate Health Group and passionate advocate for health, Eddie knows what works -- from nutrition and exercise to sleep, relaxation and humor. Discover which changes can have the most profound long-term positive health results for you. Find out how to recognize stress symptoms, become resilient and create your own personal roadmap to health.

Be Unstoppable, Be Remarkable – Unfold Your Destiny (Human Potential)

There is a deeper part of you that knows your inner destiny and is certain of success. Eddie shares the powerful lessons he learned to overcome dyslexia and economic hardship, and fulfill his own destiny to have a lasting impact on the world. Filled with heart-warming stories and 'aha' moments, this unforgettable presentation will show you how to dream big and, more importantly, how to make these dreams come true.

Getting On the List: Becoming one of “The 100 Best Companies to Work For” (Corporate Wellness)

In this intriguing and information-filled seminar, targeted to Senior Managers, learn what it takes to become one of “The 100 Best Companies to Work For.” Covering everything from corporate culture and leadership, to facilities and benefits, this presentation lays the groundwork for change. Create a resilient workforce, increase productivity, improve employee health and decrease health care costs. And, become a company where your employees are also your biggest fans!