



ULTIMATE HEALTH GROUP

Life-Balance & Wellness Solutions



Ultimate Health Group engages individuals to transform their health and quality of life through dynamic, motivational keynote addresses, individual and team-led seminars, product launches and one-on-one coaching.

Our unique team of doctors, athletes, executives, financial planners, authors and survivors of critical illnesses empower individuals to excel in our hectic world. Programs promote life-balance, sustainable health and wellness, living and aging well, stress and weight management and prevention of life-threatening diseases.

Do you want to...

- Improve your bottom-line?
- Reduce healthcare costs?
- Increase productivity?
- Provide health and wellness training to your employees?

Maximize your greatest resource - your Human Potential

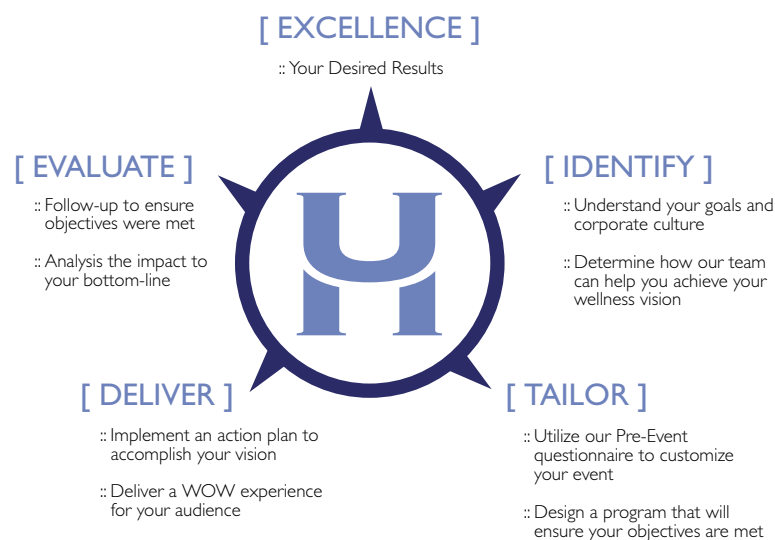
We move you closer to your specific goals by delivering an effective, powerful, WOW experience through mastery in the following four areas.

ADVANTAGE:: Our goal is to ensure your competitive advantage by maximizing your greatest resource – your human potential. The Ultimate Health Team provides tools to create a resilient workforce by increasing productivity and improving employee health and morale, while reducing health care costs and decreasing absenteeism. Our company provides solutions to enhance and promote sustainable whole-person (Mind-Body-Spirit) health and wellness.

EXPERTISE:: The in-depth experience of our speakers is the cornerstone of Ultimate Health Group. Our team of experts delivers training based on a breadth of knowledge, deep understanding of innate human healing potential and a passionate commitment to inspiring listeners. Our platforms offer the latest evolutions in the fields of human potential, medicine, nutrition, supplementation, fitness, financial planning and psychology.

PASSION:: Our mission is to empower individuals to transform their health and quality of life through educational programs. To further support this goal, Ultimate Health Group donates 1% of corporate profits to not-for-profit organizations that are devoted to the prevention of life-threatening illnesses. For more information on our pioneering program, please visit www.onepercentforprevention.org. We are committed to making a difference in the health and wellness of your community.

RESULTS:: You and the results you desire are at the center of our Cycle of Service. What are your goals? Do you want to reduce absenteeism? Improve morale? Help employees with life/work balance? With your guidance and input, we build programs that work – guaranteed!



Imagine the **ADVANTAGE** of having your health and wellness efforts understood and supported fully. Imagine having the **EXPERTISE** of the Ultimate Health Group behind you. Imagine having access to the **PASSION** and freshest thinking in the field of sustainable health. Imagine achieving the altruistic and financial **RESULTS** you desire.

Imagine Ultimate Health Group, Life-Balance and Wellness Solutions, designed for you.

